



K R I S T I N A H A R T E R , P H . D .  
E d u c a t i o n a n d R e s e a r c h

**EDUCATION**

- 1993            B.A. The University of North Carolina at Chapel Hill  
Phi Beta Kappa; Psychology
- 1999            M.A. The University of North Carolina at Chapel Hill  
(Clinical Psychology Program)
- 2002            Ph.D. The University of North Carolina at Chapel Hill  
(Clinical Psychology Program)

**POSTDOCTORAL TRAINING**

- 1999 - 00        NICHD Pre - doctoral Fellow in the Carolina Consortium on Human  
Development, Center for Developmental Science  
The University of North Carolina at Chapel Hill, Chapel Hill, NC
- 2001 - 02        Psychology Intern, Clinical Psychology  
Cambridge Health Alliance, Cambridge, MA
- 2002 - 04        Post - Doctoral Fellow, Program for Psychotherapy  
Cambridge Health Alliance, Cambridge, MA

**LICENSURE AND CERTIFICATION**

- 2004            Psychologist/Health Service Provider  
(Board of Registration of Psychologists)  
Commonwealth of Massachusetts

**ACADEMIC APPOINTMENTS**

- 1997 - 2000     Teaching Fellow in Psychology  
The University of North Carolina at Chapel Hill

- 2001 - 04      Clinical Fellow in Psychology in the Department of Psychiatry  
Harvard Medical School, The Cambridge Hospital
- 2004 - 05      Clinical Instructor/Research Associate in the Department of Psychiatry  
Harvard Medical School, Brigham and Women's Hospital

### **HOSPITAL APPOINTMENTS**

- 1997 - 98      Psychology Trainee  
John Umstead Hospital, Butner, NC
- 1998 - 99      Psychology Trainee, Center for Development and Learning  
The University of North Carolina Memorial Hospital, Chapel Hill, NC
- 2003 - 05      Project Director of Study of Adult Development  
Brigham and Women's Hospital, Boston, MA

### **THESES**

Harter KSM. Utilization and barriers to mental health services among rural children [honors thesis]. Chapel Hill (NC): University of Chapel Hill; 1993.

Harter KSM. Parent - child Interactions as Mediators of Maternal and Child Adjustment in Single - Parent Families [masters thesis]. Chapel Hill (NC): University of Chapel Hill; 1999.

Harter KSM. The socialization of shame in children with learning disabilities: Parenting behaviors that influence children's shame [dissertation]. Chapel Hill (NC): University of Chapel Hill; 1999.

### **ABSTRACTS**

Harter, KSM, Perry T, Floyd FJ. Interactions in single - and two - parent families with children with disabilities. Paper presented at the annual meeting of the American Psychological Association; 1998 Aug; San Francisco, CA.

Harter, KSM, Paley B, Cox MJ. Adult attachment and spouses' expectations of their partner's parenting during the transition to parenthood. Poster presented at the Society for Research in Child Development Biennial Meeting; 1999; Minneapolis, MN.

Floyd F J, Harter KSM. The role of older siblings in family interactions with children who have disabilities and behavior problems. Presented at the meeting of the Association for the Advancement of Behavior Therapy; 2000 Nov; New Orleans, LA.

Harter, K. S. M. & Floyd, F. J. Contingent interactions in families of children with mental retardation: Mother - child exchanges. Paper presented at the Gatlinburg Conference on Research and Theory in Mental Retardation and Developmental Disabilities; 2000 March; San Diego, CA.

Harter, KSM, Floyd F. A multi - method assessment of shame in children with learning disabilities. Presented at the Gatlinburg Conference on Research and Theory in Mental Retardation and Developmental Disabilities; 2002 March; San Diego, CA.

Harter, KSM. Shame in adolescents with learning disabilities: Coping with academic and social failure. Paper presented at Harvard Medical School Department of Continuing Education Conference on Adolescent Self Destruction; 2005 Jan; Boston, MA.

Harter, KSM, Waldinger R., Schulz, MS. The relation of shame to anger in intimate adult relationships. Presented at the American Psychoanalytic Association Winter 2005 Research Symposia; 2005 Jan; NYC, NY.

## **ORIGINAL ARTICLES**

Martin SL, Kupersmidt JB, Harter KSM. Children of Farm Laborers: Utilization of services for mental health problems. *Community Mental Health Journal* 1996; 32:4:327 - 340.

Costigan CL, Floyd FJ, Harter KSM, McClintock JC. Family process and adaptation to children with mental retardation: Disruption and resilience in family problem solving interactions. *Journal of Family Psychology*; 1997:11:4:515 - 529.

Floyd FJ, Stein TS, Harter KSM, Allison A, Nye CL. Gay, lesbian, and bisexual youths: Separation - individuation, parental attitudes, identity consolidation, and well - being. *Journal of Youth and Adolescence*; 1999:28:6:719 - 739.

Paley B, Cox MJ, Harter KSM, Margand NA. Adult attachment stance and spouses` marital perceptions during the transition to parenthood. *Attachment and Human Development*; 2002: 4:3:340 - 360.

Floyd FJ, Harter KSM, Costigan CL. Family problem - solving with children who have mental retardation. *American Journal on Mental Retardation*; 2004:109:507 - 524.

Paley B, Cox MJ, Kanoy KW, Harter KSM, Burchinal M, Margand NA. Adult attachment and marital interaction as predictors of whole family interactions during the transition to parenthood. *Journal of Family Psychology*; in press.

## **CHAPTERS**

Cox M, Harter, KSM. Marital and family dynamics: Directions for research. In: McHale JP, Grolnick W, editors. *Retrospect and prospect in the psychological study of families*. Mahwah, NJ: Erlbaum; 2002. p.167 - 188

Cox MJ, Paley B, Harter KSM. Interparental conflict and parent - child relationships. In: Grych JH, Fincham FD, editors. *Interparental conflict and child development: Theory, research, and application*. Cambridge: Cambridge University Press; 2002. p. 249 - 272

Cox MJ, Harter KSM. Parent - child relationships. In: Bornstein MH, Davidson L, Corey LMK, & Moore KA, editors. *Well - being: positive development across the life course*. Mahwah, NJ: Erlbaum; 2003. p. 191 - 204

## **RESEARCH, TEACHING, AND CLINICAL CONTRIBUTIONS**

I began my research training as an undergraduate student at the University of North Carolina at Chapel Hill (UNC - CH), where I focused on identifying social contexts that placed marginalized individuals at risk for psychological disturbance. My undergraduate honors thesis examined utilization and barriers to mental health services among rural children. During this time, I also worked extensively with organizations that helped individuals dealing with adversity, including HIV, homelessness, and sexual violence, and I was awarded a small grant through a community agency to promote social change. My involvement in these projects led me to question why some individuals successfully adapt to difficult life circumstances while others do not.

My growing interest in the factors that underlie adaptation led me to seek graduate training in Clinical Psychology at UNC - CH. As a clinical psychology doctoral candidate, I completed a rigorous course curriculum that emphasized research and statistical methods, social and cognitive development, psychopathology, and the biological bases of behavior. Because I was most intrigued by the impact of familial relationships on development, I immersed myself in two research teams that examined the basic relational processes within families. Throughout my doctoral program, I worked with Dr. Frank Floyd on a NICHD funded longitudinal study of the family processes associated with adaptation in families with children who have disabilities. My other primary research involvement was with Dr. Martha Cox on an NIMH funded longitudinal study of attachment and marital and family relationships during the transition to parenthood. Together, these research experiences solidified my interest in the study of affective

communication within families, and led to my particular interest in the assessment of complex emotions. My dissertation project used a multi - method approach for assessing the relationship between parenting and shame and represented a synthesis of my work in these two laboratories. More recently, I am expanding this line of research by conducting an analysis that examines the relation between shame and anger in violent couples who are at risk for relationship dissolution.

As junior faculty, my teaching has been at three levels: undergraduate students, lectures to community organizations, and presentations at research and clinical conferences. During my doctoral training, I taught five undergraduate psychology courses at The University of North Carolina at Chapel Hill. In this position, I was responsible for all aspects of teaching including designing curriculum, preparing and delivering lectures, and developing and grading exams. I also led a series of community workshops, which focused on disseminating clinically relevant research to couples and at - risk children. More recently, I have presented research findings at national conferences and have given invited lectures to classes at Boston University and to participants in the Continuing Education Program at Harvard Medical School.

To date, I have spent over 6,000 hours engaged in clinical activities (clinical practicum, clinical internship, post - doctoral clinical fellowship, and clinical employment hours). I have conducted therapy with diverse populations of children, adults, and families in community - based, university, and inpatient settings, and I have expertise in cognitive - behavioral, family systems, and psychodynamic treatment approaches.

## **FUNDING INFORMATION**

- 2003 - 2005      NIMH Harvard Study of Adult Development. This research is funded by NIMH #2 R01 MH04224. Principle Investigators: George Vaillant, M.D. & Robert Waldinger, M.D. Role: Project Director
- 1999 - 2002      My Dissertation Work on the Socialization of Shame in Children with Learning Disabilities. This research was partially supported by a NICHD grant awarded to the Center for Developmental Science, UNC - CH, #T32 HD07376.

- NIH/NICHHD Study of Family - Peer Linkages in Families with Children who have Mental Retardation. This research was supported by grant from NIH/NICHHD #R01 HD35988. Principle Investigators: Frank J. Floyd, Ph.D. & Janis Kupersmidt, Ph.D. Role: Research Associate
- 1995 - 2001 NIMH Study of Marital and Family Relationships. This research was supported by a grant from NIMH #R01 MH44763. Principal Investigator: Martha J. Cox, Ph.D. Role: Research Associate
- 1995 - 1997 NICHHD Study of Families with Children who have Disabilities. This research was supported by a grant from NIH/NICHHD #R01 HD24205  
Principal Investigator: Frank Floyd, Ph.D. Role: Research Associate
- 1991 - 1993 Study of Health Care Use Among Rural Children. This research was funded by the NIMH Grant #R03 MH 48101, a William T. Grant Scholar Award and the NIMH Center for Vulnerable Youth Grant No. P20 MH49878, and Grant #MCJ - 107 from the Maternal and Child Health Bureau. Principle Investigators: Sandra L. Martin, Ph.D. & Janis Kupersmidt, Ph.D. Role: Research Assistant/Honors Student

**CURRENT PROJECTS AND ROLES:**

“The socialization of shame in children who have learning disabilities: parenting behaviors that influence children’s shame.” Investigator.

“Adaptation to Aging: Late Life Health and Marriage.” Project Director (George E. Vaillant, M.D., Robert J. Waldinger, Principal Investigators).

*prepared 4/05 by Kristina S. M. Harter, Ph.D.*